



676 Church St. NE
Salem, OR 97301
1-877-867-0077

MARCH 2012

HEMOCARE WORKER TRAINING NEWS

REGISTERING FOR TRAINING

**To register, call 1-877-867-0077
Toll free and use Option 2**
If local, call 503-378-3957, option 2

You may also send your registration request to: Training.OHCC@state.or.us.

Many of our classes fill to capacity. Workers and consumer/employers wishing to attend training should call early to register.

These trainings are provided for Homecare Workers (HCW), Personal Support Workers (PSW) and the consumers they work for. They are open at no charge to others on a space-available basis.

If you are not a Homecare Worker, Personal Support Worker or consumer, you will not be able to register until 7 days or less before a class.

Classes with "◇" at the end of the description are approved for Adult Foster Home CEUs.

Please call to cancel if you cannot attend a class. Workers with a high percentage of no-shows without canceling will need to take more classes to qualify for the CPR benefit or for the Professional Development recognition.

CHECK-IN starts one half-hour before every class.

Union representatives are often available prior to the start of class.

TRAINING COMPLETION & PAYMENT

Active Homecare Workers (HCW) who have authorized and paid state provider hours in any of the 3 months prior to a training, or in the month of the class, are eligible to be paid for the training time. Please allow 5-6 weeks to receive payment. If you have not received a check by then, please call us.

Workers are paid for attending the same class only **once** in 12 months, whether complete or incomplete.

**To sign up to receive the Training News, or to register for training, call
503-378-3957 #2 or 1-877-867-0077, #2**

BATHING & GROOMING – 3 ½ hours

Skills in personal care activities of bathing, shaving, skin care & grooming with a focus on using person-centered values and techniques.

A video demonstrating hands-on care is shown. ♦

City	Date/Time	Location
Albany	Wednesday, March 21 1:00 – 4:30	Phoenix Inn 3410 Spicer Drive SE (at Exit 233)
Coos Bay	Monday, April 23 9:00 – 12:30	Red Lion 1313 N Bayshore
Eugene / Springfield	Friday, March 30 9:00 – 12:30	Holiday Inn 919 Kruse Way, Springfield (I-5 exit 195A, behind Comfort Inn)
Grants Pass	Tuesday, April 24 9:00 – 12:30	Club Northwest 2160 NW Vine
Joseph	Thursday, April 19 9:00 – 12:30	Point of Connection Center 83346 Joseph Highway
Portland Class in Russian	Tuesday, March 13 5:00 – 8:30 Класс на русском языке	SEIU Local 503 Union Hall 6401 SE Foster Road (at Foster & Holgate)
Portland Class in Russian	Wednesday, March 21 1:00 – 4:30 Класс на русском языке	SEIU Local 503 Union Hall 6401 SE Foster Road (at Foster & Holgate)
Portland	Saturday, April 7 9:00 – 12:30	Holiday Inn Airport 8439 NE Columbia Boulevard
Salem Class in Russian	Wednesday, March 14 1:00 – 4:30 Класс на русском языке	Day's Inn Black Bear 1600 Motor Court NE (off Market Street)
Salem	Tuesday, April 24 5:00 – 8:30	Day's Inn Black Bear 1600 Motor Court NE (off Market Street)
Tigard	Tuesday, March 27 12:30 – 4:00	Phoenix Inn 9575 SW Locust Street (across from Washington Square)
Tillamook	Wednesday, April 18 1:30 – 5:00	Northwest Senior & Disability Services 5010 E 3rd Street

REGISTRY & REFERRAL SYSTEM (RRS)

Are you looking for work? Be sure to update your profile at least every 60 days. On the Additional Information page, add a Personal Statement to include special training, certifications, interests and skills. You can also check the new Bulletin Board for consumers looking for a worker. Select the county you work in to find listings. Be sure to check the details on these postings to make sure you meet the person's needs before calling. The RRS web address is: <https://www.or-hcc.org>. For help with the RRS, send an email to Registry.OHCC@state.or.us

BLINDNESS & LOW VISION – 3 hours

An overview of eye diseases and vision loss; techniques for working with someone sight-impaired; being a sighted guide; helping someone to live independently; resources and adaptive equipment for use in the home.

City	Date/Time	Location
Portland	Thursday, March 8 1:30 – 4:30	Red Lion Convention Center 1021 NE Grand Avenue
Salem	Tuesday, April 17 9:00 – 12:00	Day's Inn Black Bear 1600 Motor Court NE <i>(off Market Street)</i>

CHALLENGING BEHAVIORS – 3 hours

Practical information about cognitive issues and challenging behaviors, the causes, understanding the problems, and communication ideas. ♦

City	Date/Time	Location
Brookings	Wednesday, March 7 9:00 – 12:00	Best Western Beachfront Inn 16008 Boat Basin Road
Gladstone	Friday, March 23 9:00 – 12:00	Oxford Suites 75 82nd Drive <i>(I-205 at Exit 11, shares Safeway lot)</i>
Hillsboro	Monday, April 23 9:00 – 12:00	Holiday Inn Express 5900 NE Ray Circle <i>(off Cornell, near Orenco Station)</i>
Klamath Falls	Wednesday, March 14 9:00 – 12:00	Best Western Olympic Inn 2627 S Sixth Street
Medford	Tuesday, March 13 9:30 – 12:30	Rogue Regency Inn 2300 Biddle Road <i>(I-5, Exit 30)</i>

DEMENTIA & ALZHEIMER'S – 4 hours

Joyce Beedle is a nationally-known expert on Alzheimer's and dementia. You'll learn early signs of dementia, the progression of Alzheimer's disease, and practical tips for daily care. ♦

City	Date/Time	Location
Corvallis	Thursday, March 15 12:30 – 4:30	Holiday Inn Express on the River 781 NE 2 nd
Oregon City	Thursday, April 26 12:00 – 4:00	Providence Willamette Falls Community Center 519 15th Street <i>(at Washington)</i>

DIABETES BY THE NUMBERS – 3 ½ hours

Learn the basics about diabetes effects and warning signs, food choices and portions, reading labels, planning menus and understanding glucose readings. ♦

City	Date/Time	Location
Coos Bay	Thursday, April 26 1:00 – 4:30	Red Lion 1313 N Bayshore
Corvallis	Friday, April 27 1:30 – 5:00	Holiday Inn Express on the River 781 NE 2nd
Eugene / Springfield	Wednesday, April 25 1:00 – 4:30	Holiday Inn 919 Kruse Way, Springfield <i>(I-5 exit 195A, behind Comfort Inn)</i>
Florence	Sunday, March 11 1:00 – 4:30	Florence Events Center 715 Quince Street
Grants Pass	Saturday, March 10 1:00 – 4:30	Club Northwest 2160 NW Vine
Roseburg	Friday, March 9 1:00 – 4:30	Sleep Inn 2855 NW Edenbower Boulevard <i>(at Exit 127)</i>

DURABLE MEDICAL EQUIPMENT – 3 hours

Helpful hints on safely using mobility devices, bath & toilet aides, Hoyer lift, and other medical equipment. Tips for choosing, fitting & using devices. ♦

City	Date/Time	Location
Brookings	Wednesday, March 7 1:30 – 4:30	Best Western Beachfront Inn 16008 Boat Basin Road
Eugene	Tuesday, April 10 1:30 – 4:30	Phoenix Inn Suites 850 Franklin Boulevard
Hillsboro	Monday, April 23 1:30 – 4:30	Holiday Inn Express 5900 NE Ray Circle <i>(off Cornell, near Orenco Station)</i>
Klamath Falls	Wednesday, March 14 1:30 – 4:30	Best Western Olympic Inn 2627 S Sixth Street
Portland	Wednesday, April 4 12:30 – 3:30	Holiday Inn Express 2333 NW Vaughn Street <i>(at West end of Fremont Bridge)</i>
Portland	Wednesday, April 4 5:00 – 8:00	Holiday Inn Express 2333 NW Vaughn Street <i>(at West end of Fremont Bridge)</i>
Roseburg	Tuesday, March 6 9:00 – 12:00	Sleep Inn 2855 NW Edenbower Blvd <i>(at Exit 127)</i>
Salem	Thursday, March 29 9:00 – 12:00	Day's Inn Black Bear 1600 Motor Court NE <i>(off Market Street)</i>
Tillamook	Wednesday, April 18 9:00 – 12:00	Northwest Senior & Disability Services 5010 E 3rd Street

END OF LIFE CARE – 4 hours

An overview of end of life care, including: the dying process; pain and symptom considerations; advanced planning; and spiritual, emotional, and social concerns.

City	Date/Time	Location
Coos Bay	Wednesday, March 28 10:00 – 2:00	Red Lion 1313 N Bayshore
Grants Pass	Monday, March 26 1:30 – 5:30	Club Northwest 2160 NW Vine
Portland	Wednesday, April 18 9:00 – 1:00	Eastmoreland Golf Course 2425 SE Bybee Boulevard
Redmond	Wednesday, April 25 8:00 – 12:00	Comfort Suites Airport 2243 SW Yew Avenue
Roseburg	Tuesday, March 27 9:00 – 1:00	Sleep Inn 2855 NW Edenbower Boulevard (at Exit 127)

GRIEF AND LOSS – 3 ½ hours

Understanding the process of grief, the myths & realities of grieving and loss, ways to help others, compassion fatigue and caring for yourself. ◇

City	Date/Time	Location
Redmond	Wednesday, April 25 1:30 – 5:00	Comfort Suites Airport 2243 SW Yew Avenue
Roseburg	Tuesday, March 27 2:30 – 6:00	Sleep Inn 2855 NW Edenbower Blvd (at Exit 127)

HELPING CAREGIVERS FIGHT FRAUD & ABUSE – 3 ½ hours

Recognizing & reporting abuse & neglect of older and disabled persons and Medicaid & Medicare fraud; the role of the caregiver; problem solving; local resources.

City	Date/Time	Location
Astoria	Tuesday, March 20 12:30 – 4:00	Holiday Inn Express 204 W Marine Drive
Oregon City	Friday, April 13 1:00 – 4:30	Providence Willamette Falls Community Center 519 15th Street (at Washington)
Roseburg	Wednesday, April 18 1:00 – 4:30	Holiday Inn 375 Harvard Boulevard (Use outside door to room)

*Share this newsletter with your employer.
Consumers and families are always welcome to attend classes.*

To register for training, call 503-378-3957 #2 or 1-877-867-0077, #2

HEART HEALTHY – 3 hours

How the heart works, understanding common heart problems, monitoring blood pressure, recognizing heart emergencies, and creating a heart healthy lifestyle. ◇

City	Date/Time	Location
Astoria	Tuesday, April 10 9:00 – 12:00	Holiday Inn Express 204 W Marine Drive
Coos Bay	Friday, March 2 1:00 – 4:00	South Coast Hospice Bereavement Center 1610 Thompson Road
Eugene / Springfield	Tuesday, April 3 1:00 – 4:00	Holiday Inn 919 Kruse Way, Springfield <i>(I-5 exit 195A, behind Comfort Inn)</i>
Hillsboro	Wednesday, April 11 4:00 – 7:00	Holiday Inn Express 5900 NE Ray Circle <i>(off Cornell, near Orenco Station)</i>
Medford	Thursday, March 1 5:00 – 8:00	Rogue Regency Inn 2300 Biddle Road <i>(I-5, Exit 30)</i>
Newport	Saturday, March 3 1:00 – 4:00	Embarcadero Hotel 1000 SE Bay Road
Oregon City	Wednesday, March 28 5:00 – 8:00	Providence Willamette Falls Community Center 519 15th Street <i>(at Washington)</i>
Portland Class in Russian	Monday, April 30 2:00 – 5:00 Класс на русском языке	SEIU Local 503 Union Hall 6401 SE Foster Road <i>(at Foster & Holgate)</i>
Salem Class in Russian	Wednesday, March 21 4:30 – 7:30 Класс на русском языке	Day's Inn Black Bear 1600 Motor Court NE <i>(off Market Street)</i>
The Dalles	Wednesday, April 25 1:00 – 4:00	Cousins Country Inn 2114 W 6th Street
Tillamook	Wednesday, March 21 1:00 – 4:00	Northwest Senior & Disability Services 5010 E 3 rd Street

PROTECTING YOURSELF FROM DISEASE

Protecting yourself from infectious diseases on the job requires knowing the facts, practicing good hygiene, and taking a few sensible precautions.

Hand washing is one of your best defenses against spreading infection. Always wash your hands with non-abrasive soap and water after removing gloves AND before putting new gloves on. Wash your hands several times a day and use as many gloves as necessary.

CPR TRAINING FOR HOMECARE WORKERS

The Home Care Commission will cover the cost of Adult CPR & First Aid training for actively working Homecare Workers who have completed two Home Care Commission training classes (not including MoneyWise) and do not have a no-show rate of over 30%.

If you are interested, application forms are available at all training classes. Or, you may send a written request to CPR; Home Care Commission; 676 Church St NE; Salem, OR 97301, or send an email to Training.OHCC@state.or.us. Provide your name, address, county, phone number and provider number. List the homecare worker trainings you have attended. You will be contacted in 4–6 weeks with information about how to sign up for training in your area.

The Commission does not reimburse workers for this training. You must get approval prior to signing up or attending a class.

KEEPING IT PROFESSIONAL – 3 ½ hours

The role of the HCW in setting professional boundaries and working with the task list, when and how to keep things confidential and recordkeeping tips.

City	Date/Time	Location
Albany	Friday, April 20 10:00 – 1:30	Comfort Suites 100 Opal Court NE <i>(off Knox Butte Road)</i>
Baker City	Thursday, April 5 12:30 – 4:00	Best Western 1 Sunridge Lane
Beaverton	Monday, April 30 5:00 – 8:30	Hilton Garden Inn 15520 NW Gateway Court
Eugene	Saturday, April 21 9:00 – 12:30	Phoenix Inn Suites 850 Franklin Boulevard
Hillsboro Class in Spanish	Saturday, March 31 9:00 – 12:30 Esta clase en español	New Location: Larkspur Landing 3133 NE Shute Road <i>(at corner of Brookwood Parkway)</i>
Lincoln City	Thursday, March 29 12:00 – 3:30	Best Western Landmark Inn 4430 SE Hwy 101
Medford	Tuesday, March 13 2:00 – 5:30	Rogue Regency Inn 2300 Biddle Road <i>(I-5, Exit 30)</i>
Portland	Tuesday, March 13 12:00 – 3:30	SEIU Local 503 Union Hall 6401 SE Foster Road <i>(at Foster & Holgate)</i>
Prineville	Tuesday, April 3 1:00 – 4:30	Stafford Inn 1773 NE 3rd St (Hwy 26)
Salem	Tuesday, April 17 1:30 – 5:00	Day's Inn Black Bear 1600 Motor Court NE <i>(off Market Street)</i>
Woodburn Class in Spanish	Thursday, March 22 5:00 – 8:30 Esta clase en español	Best Western 2887 Newberg Highway

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MEDICATION SAFETY – 3 hours

Types and effects of medications; assisting with documentation, storage; recognizing risks and warning signs; the role of the homecare worker.

City	Date/Time	Location
Astoria	Monday, April 9 9:00 – 12:00	Holiday Inn Express 204 W Marine Drive
Grants Pass	Monday, March 26 9:00 – 12:00	Club Northwest 2160 NW Vine
Oregon City	Thursday, April 26 5:30 – 8:30	Providence Willamette Falls Community Center 519 15th Street <i>(at Washington)</i>
Portland	Monday, March 19 12:30 – 3:30	Red Lion Convention Center 1021 NE Grand Avenue
Portland Class in Russian	Monday, April 30 10:00 – 1:00 Класс на русском языке	SEIU Local 503 Union Hall 6401 SE Foster Road <i>(at Foster & Holgate)</i>
Redmond	Tuesday, April 24 5:00 – 8:00	Comfort Suites Airport 2243 SW Yew Avenue
Salem	Wednesday, March 21 12:30 – 3:30	Day's Inn Black Bear 1600 Motor Court NE <i>(off Market Street)</i>

MONEYWISE – 3 hours

Setting financial goals, budgeting, and resources for managing your money.

(This class is for homecare workers' personal use, NOT for helping employers with finances)

City	Date/Time	Location
Beaverton	Tuesday, April 17 1:30 – 4:30	Hilton Garden Inn 15520 NW Gateway Court
Bend	Saturday, March 24 9:00 – 12:00	Red Lion 1415 NE Third Street
Clackamas	Thursday, March 15 9:00 – 12:00	New Hope Church – Room 151-152 11731 SE Stevens <i>(N of Sunnyside Road, enter from rear parking lot facing freeway)</i>
Eugene / Springfield	Saturday, March 3 9:00 – 12:00	Holiday Inn 919 Kruse Way, Springfield <i>(I-5 exit 195A, behind Comfort Inn)</i>
Klamath Falls	Friday, April 13 9:00 – 12:00	Elmer's restaurant 3030 South 6th
Roseburg	Saturday, April 14 9:00 – 12:00	Comfort Inn 1539 Muholland Drive <i>(off Garden Valley Boulevard)</i>
Salem	Tuesday, March 13 5:00 – 8:00	Best Western Mill Creek Inn 3125 Ryan Drive SE <i>(across from Costco)</i>

PREVENTING DISEASE TRANSMISSION – 2 hours

Causes of infectious diseases and routes of transmission; reducing risks; best practices in housekeeping and caregiving to prevent the spread of diseases. ◇

City	Date/Time	Location
Albany	Wednesday, March 21 6:00 – 8:00	Phoenix Inn 3410 Spicer Drive SE <i>(at Exit 233)</i>
Eugene	Tuesday, April 10 10:00 – 12:00	Phoenix Inn Suites 850 Franklin Boulevard
Gladstone	Monday, April 9 2:00 – 4:00	Oxford Suites 75 82nd Drive <i>(I-205 at Exit 11, shares Safeway lot)</i>
Lincoln City	Thursday, March 29 5:00 – 7:00	Best Western Landmark Inn 4430 SE Hwy 101
Medford	Thursday, April 12 2:00 – 4:00	Red Lion 200 N Riverside Avenue
Ontario	Saturday, March 24 2:30 – 4:30	Four Rivers Cultural Center 676 SW 5th Avenue
Portland	Thursday, March 8 10:00 – 12:00	Red Lion Convention Center 1021 NE Grand Avenue
Prineville	Tuesday, April 3 6:00 – 8:00	Stafford Inn 1773 NE 3rd Street (Hwy 26)
St. Helens	Saturday, April 28 2:30 – 4:30	Village Inn 535 S Columbia River Highway

READY * SET * WORK – 4 hours

Create a professional marketing approach to finding work in home care; how to use the Registry & Referral System; and what you should do before starting a job.

NOTE: Homecare Workers do not need to have worked to qualify for training pay.

City	Date/Time	Location
Clackamas	Saturday, April 21 8:30 – 12:30	New Hope Church – Room 151-152 11731 SE Stevens <i>(N of Sunnyside road, enter from rear parking lot facing freeway)</i>
Florence	Friday, March 16 10:00 – 2:00	Florence Events Center 715 Quince Street
Grants Pass	Tuesday, March 20 12:00 – 4:00	Guild Building - The Board Room 1867 Williams Highway
Ontario	Saturday, March 24 9:00 – 1:00	Four Rivers Cultural Center 676 SW 5th Avenue
Portland	Monday, March 19 5:00 – 9:00	Red Lion Convention Center 1021 NE Grand Avenue
Roseburg	Friday, April 13 1:00 – 5:00	Comfort Inn 1539 Muholland Drive <i>(off Garden Valley Boulevard)</i>
St. Helens	Saturday, April 28 9:00 – 1:00	Village Inn 535 S Columbia River Highway

S. M. A. R. T. – 3 hours

Stress Management And Relaxation Techniques

Understanding stress and its affects; identifying triggers; fun and practical techniques for coping with stress. ◇

City	Date/Time	Location
Beaverton	Tuesday, April 17 9:00 – 12:00	Hilton Garden Inn 15520 NW Gateway Court
Grants Pass	Tuesday, March 20 5:30 – 8:30	Guild Building - The Board Room 1867 Williams Highway
Gresham	Saturday, March 17 2:00 – 5:00	Sheraton Four Points 1919 NE 181 st (next to Francis Xavier)
Joseph	Thursday, April 19 2:00 – 5:00	Point of Connection Center 83346 Joseph Highway
Lebanon	Wednesday, March 28 1:30 – 4:30	Lebanon Community Hospital – Room 3-4 525 N Santiam Highway (use back entrance, near coffee shop)
Newport	Tuesday, April 24 1:30 – 4:30	Comfort Inn 531 SW Fall Street
Ontario	Tuesday, April 17 5:30 – 8:30	Four Rivers Cultural Center 676 SW 5th Avenue
Salem	Saturday, March 10 2:00 – 5:00	Day's Inn Black Bear 1600 Motor Court NE (off Market Street)

SUBSTANCE ABUSE AWARENESS – 3 hours

Review the OHCC Drug-Free Workplace policy for homecare workers, learn the impact of drug and alcohol abuse, the role of the HCW, and resources for help.

City	Date/Time	Location
Clackamas	Thursday, March 15 1:30 – 4:30	New Hope Church – Room 151-152 11731 SE Stevens (enter from parking lot facing freeway)
Coos Bay	Thursday, March 15 2:00 – 5:00	South Coast Hospice Bereavement Center 1610 Thompson Road
Eugene	Saturday, April 21 2:00 – 5:00	Phoenix Inn Suites 850 Franklin Boulevard
La Grande	Friday, March 23 9:00 – 12:00	AG Service Center 10507 N McAlister Road, Island City
Lebanon	Wednesday, March 28 9:00 – 12:00	Lebanon Community Hospital – Room 3-4 525 N Santiam Highway (use back entrance, near coffee shop)
Newport	Tuesday, April 24 9:00 – 12:00	Comfort Inn 531 SW Fall Street

continued

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<i>Substance Abuse Awareness continued</i>		
Ontario	Tuesday, April 17 1:00 – 4:00	Four Rivers Cultural Center 676 SW 5th Avenue
Portland	Friday, April 6 1:00 – 4:00	SEIU Local 503 Union Hall 6401 SE Foster Road <i>(at point of Foster & Holgate)</i>
Salem	Thursday, April 19 9:00 – 12:00	Phoenix Inn North 1590 Weston Court NE <i>(at I-5 and Market)</i>

T. R. I. P. S. – 3 hours **Taking Responsibility In Personal Safety**

Ideas for preventing injuries from slips and trips in the home; assessing risk factors; assisting in planning and preparing for emergencies, safe driving tips.

City	Date/Time	Location
Baker City	Thursday, April 5 5:30 – 8:30	Best Western 1 Sunridge Lane
Eugene / Springfield	Saturday, March 3 1:30 – 4:30	Holiday Inn 919 Kruse Way, Springfield <i>(I-5 exit 195A, behind Comfort Inn)</i>
Gladstone	Friday, March 23 1:30 – 4:30	Oxford Suites 75 82nd Drive <i>(I-205 at Exit 11)</i>
Grants Pass	Tuesday, April 24 2:00 – 5:00	Club Northwest 2160 NW Vine
Portland	Saturday, April 7 2:00 – 5:00	Holiday Inn Airport 8439 NE Columbia Boulevard
Portland Class in Russian	Tuesday, April 17 5:00 – 8:00 Класс на русском языке	SEIU Local 503 Union Hall 6401 SE Foster Road <i>(at Foster & Holgate)</i>
Portland Class in Russian	Wednesday, April 25 1:00 – 4:00 Класс на русском языке	SEIU Local 503 Union Hall 6401 SE Foster Road <i>(at Foster & Holgate)</i>
Roseburg	Monday, March 5 2:00 – 5:00	Sleep Inn 2855 NW Edenbower Blvd <i>(at Exit 127)</i>
Salem	Thursday, April 19 1:30 – 4:30	Phoenix Inn North 1590 Weston Court NE <i>(at I-5 and Market)</i>
Salem Class in Russian	Monday, April 23 1:00 – 4:00 Класс на русском языке	Best Western Mill Creek Inn 3125 Ryan Dr. SE <i>(across from Costco)</i>

WORKING TOGETHER – 3 hours

Making the most of the Employer – Employee Relationship

Assertive communication and problem solving techniques for employers & workers;
clarifying expectations; using person-directed values, language.

City	Date/Time	Location
Albany	Wednesday, April 25 2:00 – 5:00	Holiday Inn 105 Opal Court NE <i>(off Knox Butte Road)</i>
Astoria	Tuesday, March 20 5:30 – 8:30	Holiday Inn Express 204 W Marine Drive
Clackamas	Saturday, April 21 2:00 – 5:00	New Hope Church – Room 151-152 11731 SE Stevens <i>(N of Sunnyside road, enter from rear parking lot facing freeway)</i>
Coos Bay	Monday, April 23 2:00 – 5:00	Red Lion 1313 N Bayshore
Eugene / Springfield	Friday, March 30 2:00 – 5:00	Holiday Inn 919 Kruse Way, Springfield <i>(I-5 exit 195A, behind Comfort Inn)</i>
Hermiston	Saturday, April 7 9:30 – 12:30	Oxford Suites 1050 North First Street
Hillsboro Class in Spanish	Saturday, March 31 2:00 – 5:00 Esta clase en español	New Location: Larkspur Landing 3133 NE Shute Road <i>(at corner of Brookwood Parkway)</i>
Klamath Falls	Friday, April 13 1:30 – 4:30	Elmer's restaurant 3030 South 6th
La Grande	Friday, March 23 1:30 – 4:30	AG Service Center 10507 N McAlister Road, Island City
Roseburg	Thursday, March 29 2:00 – 5:00	Sleep Inn 2855 NW Edenbower Blvd <i>(at Exit 127)</i>
Tigard	Tuesday, March 27 5:30 – 8:30	Phoenix Inn 9575 SW Locust Street <i>(across from Washington Square)</i>

CRIMINAL BACKGROUND CHECKS

The Criminal Records Management System, **CRIMS**, will be used for criminal history re-checks in the future. **CRIMS** is a secure system with much quicker response time, and you will not need to visit the local office for rechecks. You will complete a form by email and your criminal history re-check will be processed electronically.

To prepare for this, log into the Registry & Referral System (RRS) <https://www.oregon.gov/hcc.org> and make sure your email address is correct. Make note of your recheck due date, on the Personal Information screen and watch for an email one to two months ahead of this date.

For more information about CRIMS, visit www.oregon.gov/DHS/CHC/CRIMS

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TRAININGS AT-A-GLANCE

MARCH 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 HH 5-8 <i>Medford</i>	2 HH 1-4 <i>Coos Bay</i>	3 MW 9-12 <i>Eugene/Spgfld</i> TRIPS 1:30-4:30 <i>Eugene/Sgfld</i> HH 1-4 <i>Newport</i>
4	5 TRIPS 2-5 <i>Roseburg</i>	6 DME 9-12 <i>Roseburg</i>	7 CB 9-12 <i>Brookings</i> DME 1:30-4:30 <i>Brookings</i>	8 PDT 10-12 <i>Portland</i> BLV 1:30-4:30 <i>Portland</i>	9 DBN 1-4:30 <i>Roseburg</i>	10 PASS 9-12:30 <i>Salem</i> SMART 2-5 <i>Salem</i> DBN 1-4:30 <i>Grants Pass</i>
11 DBN 1-4:30 <i>Florence</i>	12	13 CB 9:30-12:30 <i>Medford</i> KIP 2-5:30 <i>Medford</i> KIP 12-3:30 <i>Portland</i> B&G-Russian 5-8:30 <i>Portland</i> MW 5-8 <i>Salem</i>	14 CB 9-12 <i>Klamath Falls</i> DME 1:30-4:30 <i>Klamath Falls</i> B&G-Russian 1-4:30 <i>Salem</i>	15 PASS 9-12:30 <i>Coos Bay</i> SAA 2-5 <i>Coos Bay</i> MW 9-12 <i>Clackamas</i> SAA 1:30-4:30 <i>Clackamas</i> D-A 12:30-4:30 <i>Corvallis</i>	16 RSW 10-2 <i>Florence</i>	17 PASS 9-12:30 <i>Gresham</i> SMART 2-5 <i>Gresham</i>
18	19 MedS 12:30-3:30 <i>Portland</i> RSW 5-9 <i>Portland</i>	20 RSW 12-4 <i>Grants Pass</i> SMART 5:30-8:30 <i>Grants Pass</i> F-A 12:30-4 <i>Astoria</i> WT 5:30-8:30 <i>Astoria</i>	21 B&G 1-4:30 <i>Albany</i> PDT 6-8 <i>Albany</i> MedS 12:30-3:30 <i>Salem</i> HH-Russian 4:30-7:30 <i>Salem</i> B&G-Russian 1-4:30 <i>Portland</i> HH 1-4 <i>Tillamook</i>	22 KIP-Spanish 5-8:30 <i>Woodburn</i>	23 SAA 9-12 <i>La Grande</i> WT 1:30-4:30 <i>La Grande</i> CB 9-12 <i>Gladstone</i> TRIPS 1:30-4:30 <i>Gladstone</i> PASS 1-4:30 <i>Bend</i>	24 MW 9-12 <i>Bend</i> RSW 9-1 <i>Ontario</i> PDT 2:30-4:30 <i>Ontario</i>
25	26 MedS 9-12 <i>Grants Pass</i> ELC 1:30-5:30 <i>Grants Pass</i>	27 ELC 9-1 <i>Roseburg</i> G-L 2:30-6 <i>Roseburg</i> B&G 12:30-4 <i>Tigard</i> WT 5:30-8:30 <i>Tigard</i>	28 SAA 9-12 <i>Lebanon</i> SMART 1:30-4:30 <i>Lebanon</i> ELC 10-2 <i>Coos Bay</i> HH 5-8 <i>Oregon City</i>	29 DME 9-12 <i>Salem</i> PASS 9-12:30 <i>Roseburg</i> WT 2-5 <i>Roseburg</i> KIP 12-3:30 <i>Lincoln City</i> PDT 5-7 <i>Lincoln City</i>	30 B&G 9-12:30 <i>Eugene/Spgfld</i> WT 2-5 <i>Eugene/Springfield</i>	31 KIP-Spanish 9-12:30 <i>Hillsboro</i> WT-Spanish 2-5 <i>Hillsboro</i>

B&G – Bathing & Grooming BLV- Blind Low Vision CB – Challenging Behaviors D-A - Dementia

DBN – Diabetes by the Numbers DME – Durable Medical Equipment ELC – End of Life Care

F-A –Fraud & Abuse G-L – Grief & Loss HH – Heart Healthy KIP – Keeping It Professional

MedS – Medication Safety MW – MoneyWise PASS – Protect Against Sprains & Strains

PDT – Preventing Disease Transmission RSW – Ready Set Work SAA – Substance Abuse Awareness

SMART – Stress Management TRIPS – Taking Responsibility in Personal Safety WT – Working Together

TRAININGS AT-A-GLANCE

APRIL 2012

SUN DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 HH 1-4 <i>Eugene/Spgfld</i> KIP 1-4:30 <i>Prineville</i> PDT 6-8 <i>Prineville</i>	4 DME 12:30-3:30 & 5-8 <i>Portland</i>	5 KIP 12:30-4 <i>Baker City</i> TRIPS 5:30-8:30 <i>Baker City</i>	6 PASS 1:30-5 <i>Hermiston</i> SAA 1-4 <i>Portland</i>	7 WT 9:30-12:30 <i>Hermiston</i> B&G 9-12:30 <i>Portland</i> TRIPS 2-5 <i>Portland</i>
8	9 MedS 9-12 <i>Astoria</i> PASS 9-12:30 <i>Gladstone</i> PDT 2-4 <i>Gladstone</i>	10 HH 9-12 <i>Astoria</i> PDT 10-12 <i>Eugene</i> DME 1:30-4:30 <i>Eugene</i>	11 HH 4-7 <i>Hillsboro</i>	12 PASS 9-12:30 <i>Medford</i> PDT 2-4 <i>Medford</i>	13 MW 9-12 <i>Klamath Falls</i> WT 1:30-4:30 <i>Klamath Falls</i> F-A 1-4:30 <i>Oregon City</i> RSW 1-5 <i>Roseburg</i>	14 MW 9-12 <i>Roseburg</i>
15	16	17 SMART 9-12 <i>Bvrton</i> MW 1:30-4:30 <i>Beaverton</i> BLV 9-12 <i>Salem</i> KIP 1:30-5 <i>Salem</i> SAA 1-4 <i>Ontario</i> SMART 5:30-8:30 <i>Ontario</i> TRIPS-Russian 5-8 <i>Portland</i>	18 ELC 9-1 <i>Portland</i> DME 9-12 <i>Tillamook</i> B&G 1:30-5 <i>Tillamook</i> F-A 1-4:30 <i>Roseburg</i>	19 B&G 9-12:30 <i>Joseph</i> SMART 1:30-4:30 <i>Joseph</i> SAA 9-12 <i>Salem</i> TRIPS 1:30-4:30 <i>Salem</i>	20 KIP 10-1:30 <i>Albany</i>	21 RSW 8:30-12:30 <i>Clackamas</i> WT 2-5 <i>Clackamas</i> KIP 9-12:30 <i>Eugene</i> SAA 2-5 <i>Eugene</i>
22	23 B&G 9-12:30 <i>Coos Bay</i> WT 2-5 <i>Coos Bay</i> CB 9-12 <i>Hillsboro</i> DME 1:30-4:30 <i>Hillsboro</i> TRIPS-Russian 1-4 <i>Salem</i>	24 B&G 9-12:30 <i>Grants Pass</i> TRIPS 2-5 <i>Grants Pass</i> SAA 9-12 <i>Newport</i> SMART 1:30-4:30 <i>Newport</i> B&G 5-8:30 <i>Salem</i> MedS 5-8 <i>Redmond</i>	25 ELC 8-12 <i>Redmond</i> G-L 1:30-5 <i>Redmond</i> PASS 9-12:30 <i>Albany</i> WT 2-5 <i>Albany</i> DBN 1-4:30 <i>Eugene/Sprgfld</i> HH 1-4 <i>The Dalles</i> TRIPS-Russian 1-4 <i>Portland</i>	26 D-A 12-4 <i>Oregon City</i> MedS 5:30-8:30 <i>Oregon City</i> DBN 1-4:30 <i>Coos Bay</i>	27 DBN 1:30-5 <i>Corvallis</i>	28 RSW 9-1 <i>St. Helens</i> PDT 2:30-4:30 <i>St. Helens</i>
29	30 MedS-Russian 10-1 <i>Portland</i> HH-Russian 2-5 <i>Portland</i> KIP 5-8:30 <i>Beaverton</i>					

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To register for training, call 503-378-3957 #2 or 1-877-867-0077, #2



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