

STEPS is a free program that promotes successful working relationships between consumer-employers and homecare workers. Our staff will meet with you in a small group or one-to-one.

You'll receive:

- ◆ **Handbook** with useful checklists, forms, and ideas for success
- ◆ **\$25 Giftcard**
- ◆ **Follow-up support** as needed

Others may participate with you or in your place.



"Take STEPS right away — it helps to know all of this at the beginning, when you first start getting services."



"I've learned how to do my own hiring of a homecare worker, and how to have a good working relationship through communication."

Learn more about...

- ◆ What it means to be the employer
- ◆ Your rights and responsibilities
- ◆ Tasks a worker can help you with
- ◆ Finding and hiring the best homecare worker for **YOU**

Improve your ability to...

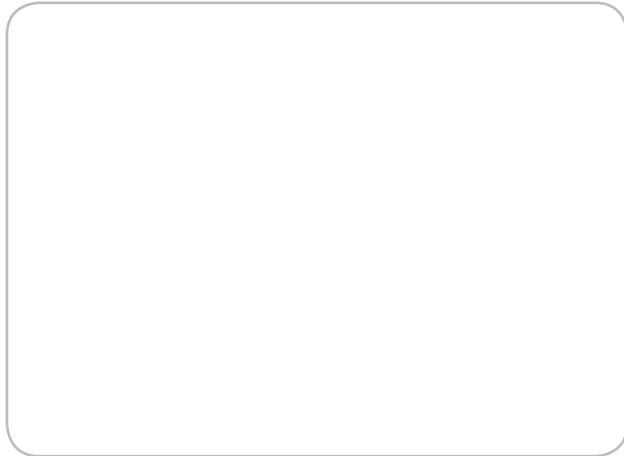
- ◆ Let your homecare worker know what you expect
- ◆ Show your homecare worker how best to meet your needs
- ◆ Communicate and give feedback

STEPS will show you how to...

- ◆ Create backup and safety plans
- ◆ Solve problems constructively
- ◆ Let a homecare worker go when things don't work out

TAKE THE FIRST STEPS TODAY!

Call your Center for Independent Living:



Learn about workshops in your area or about one-to-one services.

- ◆ Call the **STEPS** Coordinator (toll-free) 877.867.0077, Option 4.
- ◆ Ask your case manager to refer you.

"I've used homecare workers for years and didn't think I needed STEPS, but I'm glad I went. I now can set rules in my house, when before I was at the mercy of others, just letting things happen I didn't approve of, in order not to go without the help I need."

STEPS is for people who receive services through these state programs:

- ◆ **Client-Employed Provider**
(Medicaid In-Home Services)
- ◆ **Oregon Project Independence**
- ◆ **State Plan Personal Care**
(for seniors and people with physical disabilities)
- ◆ **Spousal Pay**

STEPS
is provided by



Toll free: 877.867.0077

www.oregon.gov/DHS/spd/adv/hcc

In cooperation with
Oregon's Centers for Independent Living

For more information about **STEPS**,
visit www.orsteps.org

Upon request this publication can be furnished in an alternate format for individuals with disabilities.

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DO YOU WANT TO MAKE THE MOST OF YOUR IN-HOME SERVICES?

- ◆ **Build confidence**
about finding and keeping the best homecare worker for you.
- ◆ **Improve daily life**
through better communication about your service needs.